

**Albany Independent School District**  
**Health Services**  
**Ingrid McCloy, RN, School Nurse**



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P.O. Box 2499 - 741 Griffin Circle    Phone (325)762-3384  
Albany, TX 76430                              Fax (325) 762-3070

Dear Parent/Guardian,

We will be having our “5<sup>th</sup> Grade Growing Up” lesson during P.E. class on Friday, May 1<sup>st</sup>. I will be discussing puberty and the changing body with the girls. Coach Fairchild will be discussing these issues with the boys. We will also show a video that covers these topics. The boys and girls will be separated for these lessons.

**If you do NOT want your child to participate in this lesson please sign this refusal form and turn in to the homeroom teacher.**

Thank you,

Ingrid McCloy, RN  
School Nurse

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Date: \_\_\_\_\_

I **do not** want my child, \_\_\_\_\_, to participate in the “5<sup>th</sup> Grade Growing Up” program during health class.

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Parent/Guardian signature